whānau āwhina
plunket

**Ko mautolu ko e Whānau Āwhina Plunket** - omai ke kau fakalataha mo e lagomatai atu ki a koe, haau a magafaoa, tau mukemuke mo e tau fanau ikiiki ke moua e tuaga mitaki ke kamata aki e tau momoui.

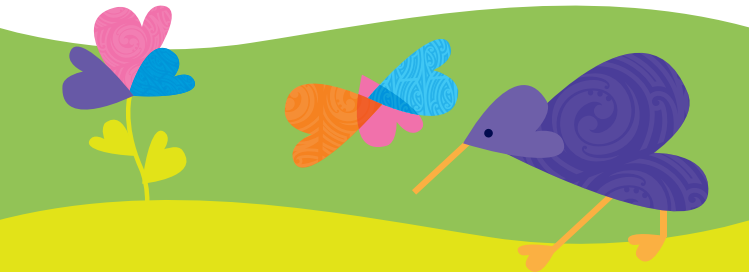
Ha ko e matakau lagomatai ne mua e lahi i Aotearoa ne lagomatai e tau fanau ikiiki i lalo hifo he lima e tau tau, ko e malolo tino mo e tuaga mitaki he moui he haau a tama ne toka ke he alito he tau mena oti ne gahuahua a mautolu ki ai.

Ko e tau aho 2,000 fakamua ne mahuiga lahi ke lata ma e fakatupuaga, fakaakoaga, mo e fakalaulahiaga he haau a tama.

Manako a mautolu ke lagomatai ke fai hikiaga ne logona ke he moui katoa!

### Ko e tau lagomatai ne ha i ai ke he Plunket

- **Tau tivi ne foaki noa** – lalafi ki ai e tau tivi ma e Well Child Tamariki Ora kamata mai he magaaho ne fanau ai ke hoko ke he lima e tau tau moui.
- **PlunketLine** – laini nakai fai totogi 24/7 ne lagomatai ke he tau mamatua – tauhea ke he 0800 933 922.
- **Lagomatai ke he magafaoa** – ko e ha mautolu a tau tagata lagomatai mo e tau tagata lagomatai malolo tino Karitāne ne moua mai ai e falu a lagomataiaga foki he tau magaaho kua lata.
- **Ko e tau tivi Free B4 Schoo**l - ko e tau lagomataiaga ke he haau a tau fanau ke moua e kamatagaaga ne mua e mitaki he falu matakavi.
- **Tau lagomatai ma e maaga** – tau matakau fefeua he tau fanau, tau vahega fakaako ke he tau mamatua, tau hatakiaga ke lata ma e tau nofoa motoka he tau tama mo e fai atu foki.
- **Tau lagomatai ke he kupega hila** – tau fakatutalaaga moua noa ne lagomatai ke he tau malolo tino, mohe po ke fakahuhu tama.



**Mamata atu ke he poko kupega hila plunket.org.nz**

- Tau hatakiaga ke falanaki ki ai e tau mamatua hagaao ke he tau malolo tino mo e fakalaulahiaga he tau fanau.
- Tau manatu lagomatai atu ke he mohe, fagai, puipuiaga he tau motoka mo e tau malolo tino.
- Ko e tau kautaha gahua Plunket ne tata ki a koe - mo e ke fakamau e taha fakafeleveiaaga ma haau.
- Tau lagomataiaga ma e tau mamatua mo e tau magafaoa mo e tau pepa fakaako he kupega hila.

**To tumau a mautolu ke he mena nei!**

- **Tauhea ke he PlunketLine - ko e laini hea mo e nakai fai totogi 24/7 ke lagomatai ke he tau mamatua** ke matutaki mo e taha nosi kua fakamau pauaki ke moua e tau hatakiaga hagaao ke he fakamohe, fagai, malolo tino mo e fai atu foki: 0800 933 922
- Ke fakamau e taha fakafeleveiaaga po ke fai huhu foki: 0800 184 803

**Matutaki mau - fakalataha atu ke he matakau nei**

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Hulu (scan) e QR code ke hu atu ke he plunket.org.nz

Niuean -Welcome

whānau āwhina plunket