



Youth Service Parents

Parenting Education

- Online 2-day course (rolling intake)
- 10 engaging and interactive modules
- Highly qualified facilitators
- MSD approved
- Certificate issued on completion
- Join via Microsoft Teams
- Tuesdays and Wednesday (9:30-1pm)*
- Complete the 2 days in any order

For more details contact:

Education in Schools | EIS.Admin@plunket.org.nz

*Refer to calendar on next page for 2026 dates

Learn about safety, nutrition, play ideas, child development, personal well-being and so much more!

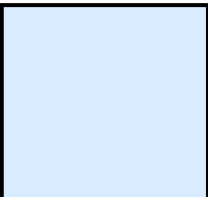
“I learned how fast our baby’s brain develops.”

“I learned where I can get trusted advice for my pēpi.”

2026 Course Dates

Feb	March	April	May	June
Tues 17 (Day 1)	Wed 4 (Day 2)	Wed 1 (Day 2)	Wed 6 (Day 1)	Wed 3 (Day 1)
Wed 18 (Day 2)	Wed 11 (Day 1)	April School Holidays (no classes)	Tue 12 (Day 1)	Tue 9 (Day 1)
Wed 25 (Day 1)	Tue 17 (Day 1)		Wed 13 (Day 2)	Wed 10 (Day 2)
	Tue 18 (Day 2)		Wed 20 (Day 1)	Wed 17 (Day 1)
	Wed 25 (Day 1)		Wed 27 (Day 2)	Wed 2 (Day 2)

July	Aug	Sept	Oct	Nov	Dec
July School Holidays (no classes)	Wed 5 (Day 1)	Wed 2 (Day 1)	Wed 14 (Day 1)	Wed 4 (Day 2)	Wed 2 (Day 2)
	Wed 12 (Day 2)	Wed 9 (Day 2)	Tue 20 (Day 1)	Wed 11 (Day 1)	Tue 8 (Day 1)
Wed 22 (Day 1)	Wed 19 (Day 1)	Wed 16 (Day 1)	Wed 21 (Day 2)	Tue 17 (Day 1)	Wed 12 (Day 2)
Tue 28 (Day 1)	Tue 25 (Day 1)	Tue 22 (Day 1)	Wed 28 (Day 1)	Wed 18 (Day 2)	Christmas Break
Wed 29 (Day 2)	Wed 26 (Day 2)	Wed 23 (Day 2)		Wed 25 (Day 1)	



Indicates consecutive classes

FAQs:

- Do Day 1 and Day 2 need to be completed in order?

No, this course can be completed in any order, on any date.

- What do the parents need on the day?

They will need access to a device and internet data. Pen and paper to make notes can be handy too.

- How do I enrol parents into the course?

Email eis.admin@plunket.org.nz to register. The link to Teams meeting will be emailed to both parents and Youth Coaches the day prior.

- What topics are covered?

Day 1	Day 2
• Be the parent you want to be • Protecting your tamariki health and wellbeing • Ages and Stages • Being a great parent means caring for yourself • Nutrition in the early years	• The developing brain. What pēpi need to feel safe and loved. • Safety inside of the home and out • Behaviour and parenting positively • Are you listening (and watching)? Responsive communication • Why play matters

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