

Youth Service Parents

Parenting Education

- Online 2-day course (rolling intake)
- 10 engaging and interactive modules
- Highly qualified facilitators
- MSD approved
- Certificate issued on completion
- Join via Microsoft Teams
- Tuesdays and Wednesday (9:30-1pm)*
- Complete the 2 days in any order

For more details contact:

Sharelle Rowntree | Education in Schools Team Manager sharelle.rowntree@plunket.org.nz | 021 0597447

Learn about safety,
nutrition, play ideas, child
development, personal
well-being
and so much more!

"I learned
about different
parenting styles
like Rock, Tree or
Paper."

"I learned the little things can have a big impact on our pēpi."

^{*}Refer to calendar on next page for Term 2 dates

2025 Next Course Dates

| April | May | June |
|----------------------|----------------------|----------------------|
| Tuesday 8 (Day 2) | Wednesday 14 (Day 1) | Wednesday 11 (Day 2) |
| Wednesday 30 (Day 1) | Wednesday 21 (Day 2) | Wednesday 18 (Day 1) |
| Tuesday 29 (Day 1) | Tuesday 27 (Day 2) | Tuesday 24 (Day 1) |
| Wednesday 30 (Day 2) | Wednesday 28 (Day 1) | Wednesday 25 (Day 2) |
| | | |

FAQs:

Do Day 1 and Day 2 need to be completed in order? No, this course can be completed in any order, on any date.

What do the parents need on the day?

They will need access to a device and internet data. Pen and paper to make notes can be handy too.

How do I enrol parents into the course?

Email <u>eis.admin@plunket.org.nz</u> to register. The link to Teams meeting will be emailed to both parents and Youth Coaches the day prior.

What does it cost?

\$220+GST per parent. However, you won't be invoiced until after the parent's first day of attendance.

What modules are taught?

Day 1

- Be the parent you want to be
- Protecting your tamariki health and wellbeing
- Ages and Stages
- Being a great parent means caring for yourself
- · Nutrition in the early years

Day 2

- The developing brain. What pēpi need to feel safe and loved.
- Safety inside of the home and out
- Behaviour and parenting positively
- Are you listening (and watching)?
 Responsive communication
- Why play matters

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