

# Knitted Breast Pattern

## Materials

1 ball 'flesh' coloured double knitting  
1 ball 'nipple' coloured double knitting  
Pair 3.25mm needles (UK size 10)  
Polyester Filling (toy stuffing ideal)

## **Base of boob**

Cast on 6 sts in flesh colour  
row 1: knit  
row 2: k1,\*m1,k1\* to end (11st)  
row 3: purl  
row 4: k1,\*m1,k1\* to end (21st)  
row 5: purl  
row 6: k1,\*m1,k2\* to end (31st)  
row 7: purl  
row 8: k1,\*m1,k3\* to end (41st)  
row 9: purl  
row 10: k1,\*m1,k4\* to end (51st)  
row 11: purl  
row 12: k1,\*m1,k5\* to end (61st)  
row 13: purl  
row 14: k1,\*m1,k6\* to end (71st)  
row 15: knit  
row 16: knit

## **Top of boob**

row 17-36: st-st for 20 rows  
row 37: k1,\*k2tog,k5\* repeat from \* to end (61st)  
row 38: purl  
row 39: k1,\*k2tog,k4\* repeat from \* to end (51st)  
row 40: purl  
row 41: k1,\*k2tog,k3\* repeat from \* to end (41st)  
row 42: purl  
CHANGE TO NIPPLE COLOUR  
row 43: k1,\*k2tog,k2\* repeat from \* to end (31st)  
row 44: purl  
row 45: k1,\*k2tog,k1\* repeat from \* to end (21st)  
row 46: purl  
row 47: k1,\*k2tog\* repeat from \* to end (11st)  
row 48: purl

row 49-52: st-st for 4 rows

Break the wool and thread through the remaining stitches, pull tightly and secure. Sew the row ends together (mattress stitch will give a neat finish), stopping halfway to stuff, continue to close remaining opening.

## Tips for Nipple Variation

In the nipple coloured wool make a drawstring stitch on the wrong side of the work, draw up and fasten off. The tighter the stitch is drawn up the more prominent the nipple will be. Experiment with different nipple shapes such as flat, inverted as its good to have a variety of different shapes and sizes for the boobs, just like real boobs.

Pattern courtesy of Lactation Consultants of Great Britain [www.lcgb.org](http://www.lcgb.org)

