ANNUAL REPORT

2015

The Royal New Zealand Plunket Society Inc.
Our vision: Together, the best start for every child
Mā te mahi ngātahi, e puāwai ai ā tātou tamariki

Mission:
Plunket believes in supporting the development of healthy families. E whakapono ana Te Whānau Āwhina Ki te tautoko te kaupapa o te hauora i te whānau.

Values:
- Trust/Te Aroha: Our underlying value because it is both an input and an outcome; it influences how well people work together, and it is self-reinforcing so that the more trust is used and honoured, the stronger it becomes.
- Quality of Service/Te Ūnga: The value that orients what we do towards achieving excellence in pursuit of the Plunket vision.
- Inclusiveness/Te Mahinga tahi: The value that unites all stakeholders through recognition of our shared commitment to the Plunket vision.
- Commitment/Te Tautukunga: The value that describes the spirit of service that people bring to the Plunket vision.

Guiding Principles:
- Treaty of Waitangi: We’re committed to the principles of partnership, protection and participation inherent in the Treaty.
- Socio-ecological perspective: We’re committed to working from a socio-ecological perspective.
- Cultural safety: We’re committed to providing a culturally safe range of services.
- Integration: We recognise the importance of integrating our service with other services to achieve optimal health outcomes for both the children and their family/whānau.
- Best practice: We’re committed to using standard guidelines founded on evidence-based best practice.
- Health promotion: We’re committed to health promotion, providing services according to principles implicit in the Ottawa Charter.
From our New Zealand President

This is my first term as Plunket’s New Zealand President, and I’ve been privileged to work with committed Plunket people the length and breadth of New Zealand who are doing so much to help families raise their young children.

While the role is a new one, my involvement with Plunket began 20 years ago. Three days after I arrived home with my first child Evie, a neighbour knocked at the door and asked if I wanted to join the Devonport Plunket sub-branch. I said yes, because like many new parents I was keen to make friends with other families in my neighbourhood.

I got that, and more: as a Plunket volunteer, I met mums in rural areas who were parenting in near total isolation and their Plunket nurse was the main link they had with the outside world. And I met families in West Auckland whose lives were different again, where there might be two or three families living in one cramped house.

I saw the different challenges families face, but also that as parents our needs are so often the same. To do our best for our children, we need to have our own basic needs met, including being part of a community.

That’s why many of our community services bring families together, such as our playgroups and parent support groups. This year I’ve seen again how communities rally around Plunket to fundraise and volunteer their time to keep our services going – from the incredible team at The Warehouse who cycled from Cape Reinga to Invercargill to raise much needed funds for Plunket playgroups, to the team from BNZ who gave their time to Plunket through their ‘Closed for Good’ volunteering day.

Thanks to our many partners and funders this year, we continued to increase the number of playgroups, providing more children with a safe place to play and learn. We’ve rolled out volunteer home visiting in more parts of the country, and made our services more accessible for the growing number of Asian families in New Zealand.

While Plunket people are doing much to help families, they are also seeing too many of our young children who are not getting the best start in life.

No single agency has all of the solutions, but Plunket has a unique contribution to make, together with our partners. In 2007, the Board began a strategic journey to realise Plunket’s potential, by growing our service, innovating and staying relevant, and finding new ways to better meet families’ changing needs.

This year, we’ve seen Plunket make further progress towards these goals.

In some cases it has been about asking the difficult questions and making tough decisions. This year, we asked where our role is with car seats. Have we done our job, and what could we be focusing on now to help protect children? We played a pivotal role in getting more children in to car seats, but today fewer families are hiring them from Plunket. We made the decision to move away from sales and rentals, to focus on a national injury prevention strategy, making better use of our funds to help keep children safe.

We have continued our focus on linking up our clinical teams more closely with our community services teams. We are one organisation working with the same goal – to support families through a range of services – and it’s about how we provide that support, regardless of where in the organisation the service comes from.

We saw that happening at Plunket’s conference, attended by over 600 Plunket people from all corners of New Zealand. It’s always good to come together and hear about the innovative services across the country.

My own Plunket journey is similar to that of many Plunket people, and many of our partners and funders who support our cause. It starts with wanting to give your own children the best start. And it becomes about wanting the best start for every child.

All of the community support families get from Plunket this year and every year is because of our generous donors, funding partners and sponsors – thank you for investing in New Zealand’s future.

Andrée Talbot, New Zealand President
From our CEO

Plunket is an organisation steeped in history. That history was centred on having time to care and look after young children and families. Plunket people understood implicitly that it takes a village to raise a child: from parents getting together to run playgroups, to Plunket health professionals supporting families with home visits.

Today, scientific research is revealing the true value of time to care. We are starting to understand that a child’s first 1000 days are pivotal to their development – and the profound long-term damage when children are neglected during this time.

But while we are beginning to understand the value of time to care, as a society, we have less of it than ever before. Life and communities are a lot busier today than they were more than 100 years ago. The pressures and stresses on families have grown, and so too has the need for support.

This year we’ve made more progress in our journey to provide our frontline staff with more time to care, harnessing Plunket’s unique potential to help families and get better health outcomes for more children.

Our technology journey
We have taken further steps in our technology journey to better equip Plunket people so they have the information they need at their finger tips. This year, we successfully piloted our electronic Plunket Health Record (ePHR) with families in Northland. It was an exciting moment in Plunket’s evolution and we thank our donors and partners who have come with us on this journey. The ePHR will allow staff to record and store health-check information digitally through tablet and app rather than paper and pen, ensuring fewer children ‘slip through the cracks’.

We are now poised to take the next step, upgrading our ICT capability to support a fleet of mobile devices, and will be in a position to begin rolling out the ePHR to nationwide from February 2016.

Our people
In order to deliver on the Plunket vision, ‘the best start for every child’, it is essential we have a highly skilled, engaged workforce working with families across New Zealand. It is vital to invest in enhancing knowledge, skills and resources that support clinical staff. There is a direct line of sight between customer satisfaction and a skilled, engaged and appropriately resourced and supported nursing and parenting education workforce.

Alterning our structure and our culture to better support frontline staff has continued to be a key focus this year. To ensure we are providing the best environment for our staff to excel and deliver services for families, we began working with Professor Philip Darbyshire to research our culture, because a strong culture supports strong service and outcomes for families. We have greatly valued Philip’s wise advice and further work is continuing.

Our communities
It’s often communities themselves who have the resources and capabilities to support vulnerable families. In this report we highlight just two of the many communities we are working with, in South Auckland and in Kairi, Hawke’s Bay. Both have high levels of deprivation, and both are home to a vibrant community of volunteers with the strengths and skills to bringing together families in their area and make it a better place to raise young children. Partnership is at the core of these successes: Plunket staff across the country, backed by our sponsors and donors, supporting families and communities.

Our customers
At the heart of all of the progress we’ve made this year are New Zealand families, our customers. Our contracting team negotiated a new contract with our partners at the Ministry of Health, to focus more on children’s health outcomes. This will allow our frontline staff greater flexibility to be more responsive to each individual family’s needs. This builds on developments in recent years to continue to provide a universal Plunket service, while providing more time to support the most vulnerable children and families.

Our future
Plunket was one of the first social innovators in New Zealand. We may be steeped in history, but our history is steeped in reinvention, continually responding to the changing needs of families. We’ve continued that journey this year, together with our partners, funders and sponsors - from our principal sponsor BNZ helping our teams to ‘be good with money’, to our donors funding the development of our ePHR.

Together with our partners, we are evolving to become an even more powerful support for families, to help them do their best for their young children.

Jenny Prince, CEO
53,160 new baby cases are Plunket babies - that’s nine out of ten babies born in NZ.

The Dep (Deprivation) Index predicts socio-economic disadvantage and is used as one indicator to assess the level of support parents and whanau may need. ‘Dep 10’ indicates families who may need considerable support. ‘Dep 1’ indicates families that may only need minimal support.

Most Well Child/Tamariki Ora contacts were with Dep 10 families. Dep 10 families received 78% more visits than Dep 1 families.

Nurses contacted families 658,795 times = 87% of all Plunket contacts.

* Based on 59,617 live births Annual – June

SOURCE: STATISTICS NEW ZEALAND
Families contacted Plunket 102,248 times via services such as playgroups, coffee groups, support groups = 13% of all Plunket contacts

Top 5 topics:
1. child health & illness
2. parenting practice
3. community linkages
4. child behaviour
5. nutrition & breastfeeding

CLINICAL
- 18% contacts through immunisation contract
- 34% attendance First Aid courses
- 21% WellChild contacts were with Māori
- 1,461 contacts made through Te Kōhanga Reo

COMMUNITY SERVICES
- 3 new mobile clinics
- 11,252 contacts were made through B4 School Checks

PARENTING
- 14,195 attendances to parenting courses
- 20% Postnatal Adjustment attendance
- 36% One-Off Parent Education attendance

VOLUNTEER
- Volunteer home visits increased 71%

PLUNKETLINE
- Plunketline staff responded to 106,386 calls
- Top 5 topics:
  1. child health & illness
  2. parenting practice
  3. community linkages
  4. child behaviour
  5. nutrition & breastfeeding
What we’ve been up to

Improving Support for Pacific families

Over 80 parents from nine Pacific ethnic groups have shared their experiences of Plunket’s service as part of new research to help Plunket understand how it can improve its services for Pacific families.

Plunket Pacific Health Promotion Advisor David Lui said that improving the health outcomes of Pacific children was the key driver for the research: “Pacific children have worse health outcomes than many other children in New Zealand, yet Pacific families are less likely to engage with health services, including Plunket’s,” he said. “We commissioned the research to understand the barriers, and how we can better support our Pacific families in the way we provide our services.”

Around 12% of all children under five years of age in New Zealand are Pacific.

The research gave Plunket a rich resource of evidence, stories and information from which to base future engagement strategies with Pacific families. “We’re grateful to those who took part in the research for sharing their thoughts with us, providing us with the insights we need to adapt our service,” said David Lui.

Plunket’s ‘The Asian People’s Strategy’

Asian people are now the third largest ethnic group in New Zealand, and the fastest growing – prompting Plunket to launch an initiative to determine how it could better meet Asian families’ needs.

Following research conducted in 2013, Plunket developed its draft Asian People’s strategy. One key focus of the strategy is to increase Plunket’s capability and capacity to better meet the needs of Asian families.

Vivian Cheung, Plunket’s Asian People’s Leader, said the strategy also aims to help make Plunket services more accessible to Asian families. “Many peoples from the Asian community are migrants themselves, and that means they have no experience using Plunket services in the past. We are working closely with them so they are more aware of the services we provide and that these services are more relevant and accessible to these families.”

The number of Asian clients in Plunket has almost doubled since 2005/2006. Around 15% of new baby cases are of Asian background.
In April, Plunket took an important step forward in its technology journey, successfully piloting its electronic Plunket Health Record (ePHR) in Northland.

Thirty-one frontline Plunket health staff began using tablets equipped with a newly developed ePHR app to record children’s health check information with New Zealand families from Dargaville to Kaitaia.

“This is an exciting and important step forward in our technology journey and one that we have taken thanks to the ongoing support of our funders and partners. We’re delighted with the success of the pilot and how well it is being received by families,” said Plunket’s Chief Executive Jenny Prince.

The ePHR is part of a broader Plunket strategy to innovate and use technology to help Plunket support families and get better health outcomes for children. It has been developed in partnership with Microsoft, Marker Metro and Koorb, and will help Plunket connect families more quickly with the services they need, while also reducing administration.

With instant access to data via the tablet, Plunket nurses and clinical leaders will be able see health information at a glance, which can help ensure children don’t slip through the cracks.

“It will mean that when a Plunket nurse is out on a home visit and they see another child in the family who needs a health referral, they can do that on the spot. Or if they get talking to a neighbouring family and find they’re not registered with Plunket, or they’ve missed an appointment, they can do it there and then,” said Jenny Prince.

The Northland pilot achieved its objectives, confirming the process of a nurse collecting and entering data about a baby into the system occurs accurately, and providing insights into the challenges a nurse faces in using the new technology.

Jenny Prince thanked the Plunket staff involved in making the pilot a success: “People are our greatest asset and we’re grateful to the Plunket nurses and health workers trialing the ePHR for their dedication. Their experiences have led to improvements in the app and in training for staff, which in turn will mean a better experience for families.”

Plunket is now poised for the next stage of development - putting in place the wider technology infrastructure needed to support a mobile fleet and developing an appropriate training suite for the nurses and other staff.

Conference

When you are a nationally spread organisation like Plunket, with a diverse and mobile workforce and volunteer base, it is important to come together to focus on the journey ahead.

The Plunket conference in September 2014 brought together more than 600 Plunket people from every corner of New Zealand – including frontline staff and volunteers, alongside support staff and board members.

Every Plunket person will have a different stand-out memory that inspired them. The important thing is that everyone is inspired and knows that their work to help families in their community is part of a Plunket community nationwide and that together we are focused on our vision of the Best Start for Every Child.

From the opening night when New Zealander of the Year, Lance O’Sullivan, spoke about how he puts his patients needs first, a focus for the conference was putting children and families at the centre of service delivery so the health sector can work toward outcomes, rather than outputs. Dr O’Sullivan’s speech talked about child poverty and how he was pushing the boundaries of technology to improve children’s health outcomes: diagnosing at distance, by teachers in remote schools taking photos of children’s skin ailments, and posting out prescriptions.

Children’s Commissioner Russell Wills was given a standing ovation for his talk about the pressure on health workers to deliver outputs instead of outcomes. His message was that by working collaboratively Plunket, alongside other organisations, will ensure families receive the full circle of support they need to best improve the health outcomes of young children. Our Truby King Lecture – Emeritus Professor Dorothy Scott from Australia – spoke about how hard it is for one organisation to deliver holistic models of care that best service the complex needs of families.

New Zealand President André Talbot said, “I want to thank everyone who came to conference and contributed. It will be by coming together that we achieve our Plunket 2020 strategies of growing great Kiwi kids; making kids the heart and spark of our communities; and supporting children and families when they need it most.

“Plunket is a complex organisation aiming to deliver support across a variety of services and part of our ongoing challenge is how we work collaboratively internally and externally. Coming together as one Plunket family is one way we get to hear the collective voices across the organisation.”
South Auckland fills with the pitter patter of Tiny Jandals

In playgroups, kids aren’t the only ones learning. Playgroups are also a place for parents and caregivers to share their experiences of the parenting journey. Until recently, Counties Manukau families were hungry for more access to Plunket’s services. So the community took things into its own hands. Local Plunket volunteer Rubi-Lin Kita and Community Services Team Leader Lucy Afemui created ‘Tiny Jandals’, a Pacific and Māori focused Playgroup.

Rubi says: “Manukau Counties was not represented well enough, yet we are one of the largest and fastest growing areas in the Super City. I wanted to make a small difference... by creating a place where Pacific whānau could come and access Plunket services.”

Rubi now coordinates the playgroup on a Tuesday morning, an active play day where mums and their babies or toddlers get up and move with exercise or song and dance, and on a Thursday she runs a Love and Learn session, based around creative arts and calendar events.

The future looks bright for Counties Manukau, with Rubi and Lucy at the helm, who now have even bigger dreams. They want to extend the Plunket building in Bader Drive, to fit in the many more families who would like to come. They also want to extend Plunket’s offering in Counties Manukau to include not just Tiny Jandals and the Plunket clinic, but parenting courses to support parents in the community. Plunket is fundraising hard to make these dreams a reality, so watch this space!

Play seems like an insignificant thing, but it isn’t. Most of a child’s brain development occurs in the first thousand days, and most of that happens through play. Plunket’s Playgroups are a safe space for babies and toddlers to do just that.
The Warehouse pedals for Plunket

Without fundraising, Plunket wouldn’t be able to offer community playgroups like ‘Tiny Jandals’. These groups have a profound impact on the lives of children and their families and whānau through providing a safe space for babies and toddlers to learn through play, and for their parents and caregivers to share their parenting experiences.

Plunket relies on partnerships with organisations like iconic Kiwi retailer, The Warehouse, to help raise funds and bring much needed awareness to Plunket’s important work with families.

In March, 120 team members at The Warehouse completed a cycle relay the length of New Zealand as part of ‘Pedal for Plunket’. Some familiar faces got involved, including Robbie Tindall, son of New Zealander of the Year Stephen Tindall.

Plunket and The Warehouse encouraged Kiwis to support the ride by adding a dollar to their purchase at The Warehouse stores nationwide, making a donation online and also cheering the ride on as it went past their town.

Plunket CEO Jenny Prince was thrilled The Warehouse chose Plunket as the recipient of all funds raised.

“The funds are going towards Plunket’s Community Playgroups which will mean we can keep current groups going, and look to launch more in communities that need them.”

Clearly, people got behind the race - it raised an outstanding $293,000 (as well as the fitness of those involved in the cycling!)

The funds will go into offering even more children a place to play and learn, and support more parents, whānau and caregivers to nurture happy, healthy Kiwi kids.

“Like all of our community services, Plunket’s playgroups are funded solely through donations. Having The Warehouse on board to support us through this cycle relay and in store activities was fantastic.”

Jenny Prince, CEO
Claire Rumble
Claire’s eight year stint as Plunket’s community development champion has seen her move through from National Parenting Education Advisor to the newly created role of National Advisor, Community Development. Her list of accomplishments this year is lengthy – from Waimate in the Canterbury to South Auckland she has supported Plunket people work with their local communities to grow their services, recruit new volunteers, increase the number of parent groups and work collaboratively on whole community solutions. She puts this down in large part to refocusing Plunket’s community support coordinator role onto community connections.

But there are still challenges ahead. “We’re in most communities nationwide and we’re a trusted organisation, but we’re seen as mainstream. Part of the solution is demonstrating that we can work with all communities no matter the deprivation. We can find out what parents need and respond to that, to offer relevant services with other organisations.”

Jayne Burch
Jayne has been a paediatric nurse for over 23 years, with over 10 years spent at Plunket in a range of clinical roles. She began the year managing the team in Cochhead, Manurewa and the immunisation outreach team, who were again aiming to reach a 95% coverage rate in 8 month old and 2 year old children in Counties Manukau.

In March, she moved her focus to supporting the ePHR rollout in Northland. “I love technology, so I get to combine three of my passions: nursing, technology and better ways to work with families and children. We’re keeping in touch with families; we’re moving with the times. The future of Plunket is important and ePHR is part of the future.”

Jayne’s successes throughout her roles at Plunket are down to team work: “I’m all for the staff, and everything I do is to support the staff. Everybody I’ve worked with has shaped me to become the clinical leader I am today. It’s not me, it’s the people around me that have made me the best that I can be.”

Naenae knitters
Team Naenae are a dedicated group of knitters who have been hand crafting warm woollies for our lucky Plunket kiddies for over three years. They love knitting because they see the need for warm items in their community.

“I live down the road from our local primary school and intermediate and the amount of kids I see going to school with no coats, no jerseys or anything like that is huge.”

While they love to knit to keep local kids warm, the bonds made between the people in the group keep them coming back each week. “The core agenda is always there, we’re providing a much needed product, but the camaraderie once you get to know people is just as important.”

The group warns that knitting isn’t for everyone, and when it comes to volunteering, it’s all about what you find meaningful. “There are a lot of things out there that you can volunteer for. You’ve got to find what works for you.”

Shane Wilson
Te Arawa, Ngāti Porou ki Harataunga ki Mataora, Hauraki
Shane joined Plunket as Health Promotion Advisor – Māori in early 2015. He has always had an interest in Māori children’s health, having created and launched an initiative around physical activity and nutrition planning to reduce obesity in Māori children in his previous role.

“He notes that Plunket can help in these communities, but the approach needs to be adjusted. “We need to challenge perceptions around Māori, vulnerability and equity. It would be great to see Plunket grow their ability to engage with Māori communities, but also communities that are struggling. Plunket can be an even stronger health promotion agency that enables people to achieve their health outcomes.”
Funding
Plunket & me: Sue Clothier

69 years ago Sue’s mother died of a blood clot just a week after she was born, and the first three months of Sue’s life were spent in the care of Karitane nurses. Sue’s story is a sobering reminder of how important Plunket was for babies like her, born at a time when it was all too common for young mothers to die in childbirth.

Luckily for Sue, Plunket was there for her. A friend of Sue’s mother was one of the nurses at the Karitane hospital in Masterton, and with a loving and supportive father, grandmother and aunt, she was well cared for, despite the loss of her mother.

Recognising that Plunket and the Karitane hospital had such a vital role in Sue’s early days, Sue’s aunt went on to establish a trust directed to make financial contributions to Plunket.

Many decades on it continues to do so, and Sue is one of the trustees.

Sue also supports Plunket personally. “I donate because they cared for me at a critical time in my life, and Plunket continues to provide for mothers and babies today.” Sue says the trust will be passed on to future generations and “I hope it will continue forever”.

Jacqui Lockington

Jacqui was over the moon about the arrival of her gorgeous baby boy, but within days her dream had become a nightmare.

Breastfeeding problems and Jack’s insatiable appetite combined to make Jacqui’s life a misery. In pain, and tortured by her baby’s demanding cries, she severed their emotional connection. “I was a wreck, but so determined to be the perfect mother that I wouldn’t talk about it. I felt completely exhausted, and utterly alone,” says Jacqui.

At her wits’ end, Jacqui finally called PlunketLine. “I can’t describe the relief I felt after making that call,” she says. “The nurse swung into action – no problems and no recriminations. My bonding with Jack started that day.”

Today Jacqui is a proud mother of two, and with her friend Natalie she’s authored a parenting book appropriately titled ‘If Only They’d Told Me’. Both women are passionate Plunket supporters, so much so that they’re donating $5 from every book sold to Plunket.

“Plunket has given me so much,” enthuses Jacqui. “As well as helping me to get back on track with feeding and caring for Jack they’ve linked me to other mothers in my neighbourhood. Most of all, they’ve taught me that it’s OK to ask for help when I need it.”
Family worker pilot

Some of the Huntly and Ngaruawahia’s most vulnerable families are getting better support, thanks to a partnership between Plunket and Family Works Northern.

Often underlying social issues such as poor housing, poverty or family violence affect children’s health outcomes. Through the partnership, social workers from Family Works operate as ‘Plunket Family Workers’ to help families deal with these issues.

The partnership’s success in Auckland and Counties Manukau led to the pilot being extended to the Huntly area this year, with three Plunket nurses now working with a Family Works social worker.

Jenna Sneddon, Clinical Leader for Huntly, says families and young children are already benefiting:

“At the moment we’re seeing short-term outcomes, and the potential long-term outcomes are significant.”

Community connections in Kaiti

The community of Kaiti in Gisborne is home to many vibrant families, and like other communities around New Zealand, it also has its share of social issues. The Kaiti community grapples with things like low incomes and some drug and gang related problems, and has struggled with a lack of support in trying to address them.

Community workers from community development organisation Te Ora Hou, Annette Toupili and Meredith Akuhata-Brown have been working hard to make a difference through a project to help Kaiti become a great place to live and raise a family. Plunket has partnered with Te Ora Hou and helps the project by providing some of the funding for Annette’s role.

Annette and Meredith felt they could help achieve this goal by supporting the residents to be more connected and supportive of each other, particularly when it comes to raising children. As the adage goes, “It takes a village…”

To help achieve this, Annette and Meredith have established a parents coffee group. Initially gathering one day a week, it has now grown to five days a week. The group is a place for parents to gather while their children play together, share a coffee, and most importantly support and learn from each other.

“It’s about empowering the residents to get to know their neighbours, work together and build relationships. We aim to facilitate these things in a supportive environment, where there’s no judgment or us telling people what to do. We just wanted to create a place where parents can discuss, in a natural way, issues about their community, parenting, budgeting, or any number of things. Ultimately, we are trying to facilitate connections in the community, foster a culture of supporting each other, celebrate our successes and take away some of the isolation that many people feel these days,” says Annette.

Annette is also on the committee for a playgroup in Kaiti, which is especially for Tongan children.

“While we do have a Tongan unit at the local primary school, there was a real need for a Tongan-specific playgroup in Kaiti so that Tongan infants and preschoolers could spend time completely immersed in their culture and language. It also provides local Tongan parents a place to feel completely at home,” says Annette.

Annette and Meredith are both passionate about how important it is for change in communities to come from the ground up. They focus on empowering the community to take charge of its own destiny and change the things it wants to change.

“I see myself as a community activator, not a leader or teacher or anything like that. This is my community too, and I am learning as much, if not more, from the families here than they are from me. We’re all working together to make sure Kaiti is a community of caring people, and a place where kids can grow up surrounded by care,” says Annette.
Plunket People

National Board Members
New Zealand Vice President to Nov 2014
Andrée Talbot

New Zealand President from Nov 2014
Christine Lake

New Zealand Vice President from Nov 2014
Tristine Clark

New Zealand President to Nov 2014
Paul Cressey ONZM

Caroline McElhany (from Nov 2014)
Elizabeth Mitchelson

Area Board Presidents
Northland: Lyn Rostern
Waitemata: Lyndsay Taylor
Auckland City: Andrea Perman
Counties Manukau Advisory Committee: Area Board in recess
Waikato: Lynette Flowers
Lakes: Emma Hardie
Taranaki: Shona Mackay
Bay of Plenty: Sandy Coley
Gisborne Waioa: Wendy Reeves
Hawke’s Bay: Alison Prins (to Nov 2014)
Hawke’s Bay: Erin Jenkins (from Dec 2014)
Manawatu: Wanganui: Marie Henry
Wellington Wairarapa: Erin Downs
Nelson Marlborough: Wendy Wadsworth (to July 2014)
Nelson Marlborough: Adelle Large (from Aug 2014)
West Coast: Rebecca Kenghan
Mid South Canterbury: Annie Light (to March 2015)
Mid South Canterbury: Helen Whiting (from April 2015)
Canterbury: Liz McClure
Otago: Georgina Dunstan
Southland: Nicoli White

Senior Management Team
Chief Executive
Jenny Prince
Chief People Officer
Liz Barton
Chief Māori Advisor
Hera Black (from Jan 2015)
General Manager Clinical Services
Helen Connors
General Manager People & Capability
Lisa Gibson (to May 2015)
General Manager, Operations: Central & Southern
Brenda Hynes
General Manager, Operations: Northern
Bram Kukler (from Jan 2015)
General Manager Information
Communications and Technology
Craig Le Quesne (to April 2015)
Chief Operating Officer
Andrea McLeod
Chief Marketing Officer
Amanda Matu (from Nov 2014)
General Manager
Māori Health Services
Sonia Rimene (to Oct 2014)
Chief Financial Officer
Gerald Ross
General Manager Community
Development & Volunteers
Stephanie Shennan

Honorary Life Members
Dianne Armstrong, CBE
Drus Barrett, CNZM
Carol Becker, ONZM
Shirley Comish
Jenny Cox
Tristine Clark
Kaye Crowther, QSO
Joan Hunt (deceased Feb 2015)
Marie Newlove, QSO
Jill O’Connor
Pat Seymour, OBE

Plunket Entities
NORTHLAND AREA (INC)
Northland Area Car Seat Services
Kawakawa/Mangawhai Sub Branch
Dargaville Plunket Group
Kawaka Plunket Group
Kakariki Plunket Group
Kaiwaka Plunket Group

WAITEMATA AREA (INC)
Waitemata Area Car Seat Services
Avalon Plunket Playgroup
Titirangi Plunket Playgroup
Nelson New Lynn Plunket Playgroup
Wellington Plunket Playgroup
Mahurangi Bay Cheeky Monkeys Plunket Playgroup
North Shore Plunket Toy Library
Tobruk Plunket Group
Warkworth Plunket Group
Hibiscus Coast Plunket Group
Birkenhead Plunket Group
Rangitoto Plunket Group
Miro Plunket Group
West Auckland Plunket Group
Hobsonville Point Pippis Plunket Playgroup
Pacific Beatz Plunket Playgroup
Massey Monkey’s Plunket Playgroup

AUCKLAND CITY AREA (Inc)
Central Suburbs Car Seat Services
Meadowbank Plunket Preschool
Epsom Roskill Plunket Group
Meadowbank Plunket Group
Remuera Plunket Group
St Heliers Plunket Group
Avondale Plunket Group
Point Chevalier Plunket Group
Walden Grey Lynn Plunket Group
Parnell Newmarket City Plunket Group
Pons_APPENDIX Hina Bay Plunket Group
Mt Albert Plunket Group

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Financials

Report from Chair of Risk Assurance & Audit Sub Committee

The primary purpose of the Risk Assurance and Audit Committee is to assist the Board of Royal New Zealand Plunket Society Incorporated (Plunket) in fulfilling its risk assurance and audit responsibilities. The Committee will carry out this purpose by overseeing and providing advice to the Board on Plunket’s:

- risk management processes;
- internal control mechanisms;
- internal and external audit functions;
- policies and processes adopted to ensure compliance with applicable legislation, regulations, codes of practice and government requirements;
- financial information prepared by management for publication to Members; and
- oversee clinical services risk reporting.

The committee meets four times a year with Plunket’s CEO, COO and CFO in attendance.

Risk Assurance and Audit Committee

George Tuffin: Chair
Andrée Talbot (New Zealand President)
Christine Lake (NZ Vice President)
Mark Rickard (National Board)
Tammi Wilson Uluinayau (National Board)
Caroline McElnay (National Board)

Audit report

Independent auditor’s report on the summary financial statements

To the readers of the financial report of Royal New Zealand Plunket Society Incorporated.

The accompanying summary financial statements on pages 32 to 33, which comprise the summary statement of financial position as at 30 June 2015 and the summary statement of comprehensive income, changes in equity and cash flows for the year then ended and notes, are derived from the audited financial statements of Royal New Zealand Plunket Society Incorporated (“the incorporated society”) for the year ended 30 June 2015. We expressed an unmodified audit opinion on those financial statements in our audit report dated 23 September 2015.

The summary financial statements do not contain all the disclosures required for full financial statements under generally accepted accounting practice in New Zealand. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Royal New Zealand Plunket Society Incorporated.

Board’s responsibility for the financial statements

The Board is responsible for the preparation of a summary of the audited financial statements, in accordance with FRS-43 Summary Financial Statements.

Auditor’s responsibility

Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with International Standards on Auditing (New Zealand) (ISA (NZ)) 810 Engagements to Report on Summary Financial Statements.

Subject to certain restrictions, partners and employees of our firm may also deal with the incorporated society on normal terms within the ordinary course of trading activities of the business of the incorporated society. These matters have not impaired our independence as auditor of the incorporated society. The firm has no other relationship with, or interest in, the incorporated society.

Opinion

In our opinion, the summary financial statements, derived from the audited financial statements of Royal New Zealand Plunket Society Incorporated for the year ended 30 June 2015, are a fair summary of those financial statements, in accordance with FRS-43 Summary Financial Statements.

23 September 2015
Wellington
Royal New Zealand Plunket Society (Inc.) Summary Financial Statements for the year ended 30 June 2015

Summary Annual Report

This is a summary of the Society's audited financial statements for the year ended 30 June 2015 which were authorised for issue on 23 September 2015. The summary financial report has been extracted from the full audited statements dated 30 June 2015.

The summary financial statements have been prepared in accordance with FRS-43 – Summary Financial Statements. The full financial statements have been prepared in accordance with generally accepted accounting practice and they comply with New Zealand equivalent to International Financial Reporting Standards (NZ IFRS), as appropriate for public benefit entities. The Society has made an explicit and unreserved statement of compliance with NZ IFRS in note 1 of the full financial statements.

The financial statements are presented in New Zealand dollars because that is the currency of the primary economic environment in which the Society operates. The summary financial report cannot be expected to provide as complete an understanding as provided by the full financial statements of financial performance, financial position, recognised income and expenses and cash flows of the Society. A copy of the full financial statements can be obtained from our website plunket.org.nz or by writing to The Royal New Zealand Plunket Society (Inc) at PO Box 5474 Wellington 6145. The Society is a not for profit organisation.

The auditor has examined the summary financial report for consistency with the audited financial statements and has the opinion the information reported in the summary financial report complies with FRS-43 summary Financial Statements and is consistent in all material respects, with the full financial report from which it is derived.

### Summary financial statements

#### Royal New Zealand Plunket Society (Inc.) Summary Financial Statements for the year ended 30 June 2015

#### Statement of Comprehensive Income for the Year Ended 30 June 2015

<table>
<thead>
<tr>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>$000</td>
<td>$000</td>
</tr>
<tr>
<td>Contract Income</td>
<td>68,339</td>
</tr>
<tr>
<td>Investment Income</td>
<td>731</td>
</tr>
<tr>
<td>Other Income</td>
<td>9,776</td>
</tr>
<tr>
<td>Salaries &amp; Wages</td>
<td>57,258</td>
</tr>
<tr>
<td>Depreciation &amp; Amortisation</td>
<td>633</td>
</tr>
<tr>
<td>Service Delivery Expenses</td>
<td>9,065</td>
</tr>
<tr>
<td>Rental and Operating Lease Expenses</td>
<td>4,142</td>
</tr>
<tr>
<td>Other Expenses</td>
<td>7,481</td>
</tr>
<tr>
<td>Surplus/(Deficit) for the Year</td>
<td>267 (4,179)</td>
</tr>
<tr>
<td>Total Comprehensive Income</td>
<td>78,846</td>
</tr>
</tbody>
</table>

#### Statement of Changes in Equity for the Period

<table>
<thead>
<tr>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>$000</td>
<td>$000</td>
</tr>
<tr>
<td>Opening Equity Balance</td>
<td>2,181</td>
</tr>
<tr>
<td>Total Comprehensive Income</td>
<td>663 (4,044)</td>
</tr>
<tr>
<td>Closing Equity Balance</td>
<td>2,844</td>
</tr>
</tbody>
</table>

#### Statement of Financial Position as at 30 June 2015

<table>
<thead>
<tr>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>$000</td>
<td>$000</td>
</tr>
<tr>
<td>Current Assets</td>
<td>8,085</td>
</tr>
<tr>
<td>Non Current Assets</td>
<td>13,853</td>
</tr>
<tr>
<td>Total Assets</td>
<td>21,938</td>
</tr>
<tr>
<td>Current Liabilities</td>
<td>17,435</td>
</tr>
<tr>
<td>Non Current Liabilities</td>
<td>1,659</td>
</tr>
<tr>
<td>Total Liabilities</td>
<td>19,094</td>
</tr>
<tr>
<td>Net Equity</td>
<td>2,844</td>
</tr>
</tbody>
</table>


<table>
<thead>
<tr>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>$000</td>
<td>$000</td>
</tr>
<tr>
<td>Net Cash Flows from Operating Activities</td>
<td>564</td>
</tr>
<tr>
<td>Net Cash Flows from Investing Activities</td>
<td>(628) (1,917)</td>
</tr>
<tr>
<td>Net Decrease in Cash Held</td>
<td>(64) (721)</td>
</tr>
</tbody>
</table>
Wattie’s and Plunket celebrated a prestigious 25 years, growing healthy kids together, and we welcome new sponsors Public Trust and Muffin Break into the Plunket sponsor family.

Plunket's Principal Sponsor, BNZ

The Plunket and BNZ partnership enters its sixth year with renewed energy and commitment to helping families in New Zealand. In the past year the wonderful support from BNZ has helped Plunket nationally, regionally and locally with various fundraising initiatives including the Super 15 Rugby Championship Charity Round and Plunket’s Annual Appeal.

Plunket received volunteer help from BNZ staff for the 2014 Closed for Good initiative which saw Plunket Centres cleaned, painted and odd jobs completed. Professional services were also taken up by Plunket staff with financial literacy workshops offered by BNZ.

We thank the many individuals and organisations for your generous contributions and support. Your ongoing commitment continues to provide valuable support services to communities around New Zealand and helps explore new initiatives that will help families now and into the future.
“At the heart of all of the progress we’ve made this year are New Zealand families, our customers.”

Jenny Prince, CEO

Making a Difference

Parenting can be hard work. Lack of support, isolation and financial uncertainty are a daily reality for families in New Zealand.

Plunket’s community support services can play a crucial role in helping families when they need it most. Playgroups, mobile clinics, toy libraries and parenting courses are free to families and whānau and paid for through fundraising.

Make a difference for Kiwi kids and their families. Help keep these services free and available in communities just like yours.

Donate at plunket.org.nz