

Whānau Āwhina Plunket expands services at Meadowbank Family Centre

An expansion of services offered at Whānau Āwhina Plunket's Meadowbank Family Centre has been warmly welcomed by the community.

Well Child Tamariki Ora and Lactation Consultant appointments have increased from one to two days per week and a drop-in clinic is available weekly. A weekly coffee group, a B4 School Check clinic every second Monday and a monthly first aid course are currently running too.

Clinical Leader Ange Wheeler says the Meadowbank team has worked hard to find different ways of utilising the centre to best suit local whānau in the Eastern Bays area, and the new services are overwhelmingly popular.

"We have welcomed an additional Plunket nurse on board and our lactation consultant has increased her availability. This is making a huge difference as we are able to see parents and families who are needing support sooner, to ensure they get the help they need.

"The positive feedback from whānau has been so encouraging and we are now exploring other services we could provide to support the local community."

If you would like to book a Well Child Tamariki Ora appointment, please call our free admin line on 0800 184 803. To book a B4 School Check, please call 0800 104 105 and select option 1 for the Meadowbank area. You can also visit the [Meadowbank Plunket Drop-in Clinic](#) page on the Plunket website.

ENDS

For more information, please contact:

Meg Maher

Communications Advisor

M: 027 214 9262, media@plunket.org.nz





Photo caption: Whānau Āwhina Plunket Community Karitāne Stella Hsu (left) and Lactation Consultant Anita Lawakeli at the Meadowbank Family Centre.

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About Whānau Āwhina Plunket

Pēpi, tamariki and whānau are at the heart of Whānau Āwhina Plunket. The charity is Aotearoa New Zealand's largest health and wellbeing support service for tamariki – seeing 290,000 under-fives. About 80% of newborns are enrolled with Whānau Āwhina Plunket each year. Our nurses provide clinical assessments, and along with Kaiāwhina and Community Karitāne, support whānau and families, through home and clinic visits. PlunketLine 0800 933 922 is a free 24/7 telephone advice service for parents and whānau, where callers can speak to a registered nurse for advice, or call the Admin Line on 0800 184 803 to make an appointment in your area. Our website

plunket.org.nz is one of the country's most widely read digital child health resources, with 1.8 million visits each year. It is available data-free through the Zero Data portal at zero.govt.nz, and you can choose to view it in English or te reo Māori.